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**title:** Chicken Soup for the Woman's Soul :  
101 Stories to Open the Hearts and  
Rekindle the Spirits of Women

**author:** Canfield, Jack

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"What a delightful treat! Take a break to read a few stories from *Chicken Soup for the Woman's Soul*. It will add more joy and love to your day."

Gladys Knight  
singer, entertainer

"At last, a *Chicken Soup* for women! It touched all of my emotions! I laughed, I cried, I was inspired. Thank you for touching my female soul."

Olivia Newton-John  
entertainer

"*Chicken Soup for the Woman's Soul* is a fabulous collection of inspiring stories for women. What a phenomenal way to connect with other women! This book will definitely move your heart and uplift your spirit!"

Ann W. Richards  
former governor of Texas

"As women, we give so much of our hearts and souls to others. *Chicken Soup for the Woman's Soul* will fill you back up again with love, joy and inspiration, and help you celebrate your magical female spirit."

Barbara DeAngelis  
author, *Real Moments*

"It is not very often that one reads a book that entertains, uplifts and moves one to tears. *Chicken Soup for the Woman's Soul* is one of those books. I highly recommend it."

Susan Jeffers, Ph.D.

author, *Feel the Fear and Do It Anyway* and *End the Struggle and Dance with Life*

"I loved *Chicken Soup for the Woman's Soul* this edition of the *Chicken Soup* books has particularly touched me! Please keep writing more, as I've grown to depend on these books throughout all of my many hours on airplanes!"

Daisy Fuentes  
model, actress, spokesperson

"These stories remind us what it truly means to be a woman or girl in today's complex world to have the personal courage, self-esteem and mentors who will inspire us to reach our dreams. Every busy working woman should take a few minutes out of her day to read these stories. They will refresh, inspire and bring balance to the day!"

Leslie Smith  
executive director, National Association for Female Executives Women's Foundation

"This serving of *Chicken Soup for the Woman's Soul* has the power to heal the common cold of the human heart."

Margareta Arvidsson Cederroth  
former Miss Universe

"This beautiful collection of stories proclaims the richness of a tapestry of experience woven from the lives of women. These stories are refreshing and insightful; they help us become more self-aware and see with greater clarity those simple things that give meaning to our lives."

Ellen Greene  
classics professor, University of Oklahoma

"Reading *Chicken Soup for the Woman's Soul* is an invitation to connect with what is best about our livesfaith, hope, charity and love. I'll take two helpings pleaseone for me and one for a friend!"

Susan B. Wilson

author, *Your Intelligent Heart: Notes to Women Who Work and Goal Setting*

Chicken Soup for the Woman's Soul  
101 Stories to Open the Hearts and Rekindle the  
Spirits of Women

Jack Canfield  
Mark Victor Hansen  
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Health Communications, Inc.  
Deerfield Beach, Florida

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*Cover re-design by Lawna Patterson Oldfield*

## Phenomenal Woman

Pretty women wonder where my secret lies.  
I'm not cute or built to suit a fashion model's size  
But when I start to tell them,  
They think I'm telling lies.  
I say,  
It's in the reach of my arms,  
The span of my hips,  
The stride of my step,  
The curl of my lips.  
I'm a woman  
Phenomenally.  
Phenomenal woman,  
That's me.

I walk into a room  
Just as cool as you please,  
And to a man,  
The fellows stand or  
Fall down on their knees.  
Then they swarm around me,  
A hive of honey bees.  
I say,  
It's the fire in my eyes,  
And the flash of my teeth,  
The swing in my waist,  
And the joy in my feet.  
I'm a woman

Phenomenally.  
Phenomenal woman,  
That's me.

Men themselves have wondered  
What they see in me.  
They try so much  
But they can't touch  
My inner mystery.  
When I try to show them  
They say they can't see.  
I say,  
It's in the arch of my back,  
The sun of my smile,  
The ride of my breasts,  
The grace of my style.  
I'm a woman  
Phenomenally.  
Phenomenal woman,  
That's me.

Now you understand  
Just why my head's not bowed.  
I don't shout or jump about  
Or have to talk real loud.  
When you see me passing  
It ought to make you proud.  
I say,  
It's in the click of my heels,  
The bend of my hair,