

'Simple but powerful'
RICHE McCAW


PERFORM UNDER PRESSURE

Dr CERI EVANS

**change the way you feel,
think and act under pressure**

PERFORM UNDER PRESSURE

Dr CERI EVANS

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— Chapter Summary Questions

DEDICATION

*In memory of my father, Gwyn, and mother, Joy,
both pioneers in their own way.*

Te waka taiuhu, monā I whakatau akē, ngā ngaru āwhā.
The prow of the waka will cut a decisive pathway through the
stormiest of ocean waves.

CONTENTS

Dedication

List of illustrations by Renzie Hanham

FOREWORD by Richie McCaw

INTRODUCTION

Why I Developed the RED–BLUE Mind Model

PART 1: *RED AND BLUE* – UNDERSTANDING PRESSURE

CHAPTER 1: THE NATURE OF PRESSURE

Two Kinds of Threat

CHAPTER 2: TWO MINDS – INTRODUCING *RED AND BLUE*

RED

BLUE

RED and BLUE

How Our Early Years Set the Pattern

CHAPTER 3: BALANCED BRAIN vs UNBALANCED BRAIN

Threat vs Challenge

Overthinking vs Connecting

Split Attention vs Dual Focus

Going APE vs Deciding to ACT

ESC-APE vs IMP-ACT

Overload and Overwhelm vs Overview and Overcome

Fixation vs Flexibility
Hot-Headed vs Cold-Blooded
Threshold and Resilience
RED and BLUE: Lessons from Children

CHAPTER 4: THE RED–BLUE TOOL

The RED–BLUE Tool
Mental Movement: Step Back, Step Up, Step In
How the RED–BLUE Tool Works: Rename, Reframe, Reset
Breathing Routines
Exercise: Self-Awareness
Exercise: The ‘Stuff-Up Cascade’
Reflective Listening: BLUE–RED for Others

PART 2: PREPARING TO PERFORM – LAYING THE GROUNDWORK

CHAPTER 5: *CREATE* THE GAP

The Performance Gap
1. Pressure: The Performance Environment
2. Intent: How Good Do We Want to Be?
3. Reality: Our Performance Line
Potential: Create the Gap and Seek Out Pressure

CHAPTER 6: *BRIDGE* THE GAP – THE MENTAL BLUEPRINT

The Mental Blueprint: Our Script for Success
1. Mindset: Threat or Challenge?
2. System: The Power of Sequences
3. Skillset: Using Rough Conditions to Smooth Our Skills
Putting It All Together: The Penalty Shootout
Exercise: Sharpening Our Mental Blueprint

PART 3: PERFORMING UNDER PRESSURE

CHAPTER 7: PRE-PERFORMANCE TECHNIQUES

The Three Circles Technique

Variation: Mr Three Things – Expect the Unexpected

The ICE Technique: Two Minutes and You're Ready to Go

CHAPTER 8: COMPLAIN OR COMPLETE – ADDING TIME PRESSURE

The Tyranny of the 'To Do' List: A *Non-Performance* Tool

Micro-performances

Complain or Complete

CHAPTER 9: DEFEND OR DISCOVER – ADDING CREATIVITY

Creativity Under Pressure: Myth vs Reality

Defend or Discover

Completion vs Discovery

CHAPTER 10: MASTERY

Pioneering: Being First

Wait or Take

Pinnacle Event, or Pinnacle Moment?

CHAPTER 11: FOR LEADERS

Create the Gap: Generating a Performance Culture

Bridge the Gap, THEN *Create* the Gap: Using Pressure Wisely

The Art of Prioritising: Subtract, Don't Add

Complain vs Complete: Fast Leadership

Putting It All Together: Streamline Your Way to Movement

CHAPTER 12: AFTER WE PERFORM

Switching Off: The Offload Technique

The RED–BLUE Debrief: The Mental Blueprint with a Twist

Our Performance Timeline

CHAPTER 13: Tough Days

Sales Executive

Team Sport Athlete

Human Resources Director
Endurance Athlete
Surgeon
Ambulance Officer
Creative Director
Coach
Police Tactical Team Member
Struggling to Survive

CONCLUSION

Re-mind Yourself

Glossary
Further Reading
Acknowledgements

About the Author
Praise
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LIST OF ILLUSTRATIONS BY RENZIE HANHAM

The Human Brain: External structure
The Human Brain: Internal structure – side view
The Human Brain: Structure & function
RED vs BLUE State
Mental Strength Sliding Scale
RED–BLUE Tool
Step Back, Step Up, Step In
The Pressure Equation
The Scale of Mental Intent
Create the Gap
Mental Blueprint
Skill Ladder
Three Circles
The ICE Technique
The Offload Technique
RED–BLUE Debrief